



## Social Sciences & Humanity Research Review



### Money Laundering Through Cryptocurrencies: Tracing and Prevention Mechanisms

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#### ARTICLE INFO

**Keywords:** Money laundering, cryptocurrencies, Pakistani financial sector, prevention systems, mafia, conventional banking.

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#### ABSTRACT

This research paper has analyzed money laundering using cryptocurrencies in the Pakistani financial sector and traced and prevention systems that would be comprehensive to the country. The study examined how the Pakistani mafia took advantage of the cryptocurrency to avoid conventional banking regulation and anti-money laundering procedures, using blockchain technologies in money laundering and hiding of assets. It was noted that the underdeveloped regulatory environment in Pakistan regarding cryptocurrencies resulted in considerable enforcement vacuums because the currently available anti-money laundering laws were insufficient to combat financial crimes, taking place on blockchain-based platforms, efficiently. The research found out that the law enforcement agencies of Pakistan faced major obstacles in the tracing of cryptocurrency transactions such as little technical know-how and capacity to analyze blockchain as well as the lack of inter-agency coordination mechanisms. The study also found certain weaknesses in the financial system of Pakistan where criminals were able to take advantage of peer-to-peer cryptocurrency exchanges and privacy coins so that they can conceal their footprints in transactions and remain undetected. The research implemented recommended customized prevention measures such as establishment of specialized departments on cryptocurrency investigation by the Pakistani agencies, adoption of sophisticated blocking chain investigation solutions, and development of elaborate regulatory systems to regulate digital assets. The results highlighted that a better training of the Pakistani financial intelligence, better international cooperation procedures regarding cross-border cryptocurrency inquiries,

	and stiffer legal frameworks when it comes to money laundering in digital assets, were necessary. The paper revealed that successful prevention measures involved integration of policies, substantial investment in technical framework, and efficient cooperation of public-private sector to fight crypto-enabled money laundering activities posing threats to the Pakistani financial stability.
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## Introduction

The lightning speed of the development of cryptocurrencies and blockchain technology has irreversibly changed the global financial system, opening new financial horizons to the world and causing serious problems of controlling the process and the law enforcement system. In Pakistan and generally in third-world countries more so in the context of the major part of the present global markets of digital assets has changed more quickly than the creation of effective regulatory solutions that remain weak and full of loopholes, which make them appealing to criminal networks as a new source of money laundering (Khan et al., 2021). The reaction to cryptocurrency networks and the cryptocurrency transactions based on pseudo-anonymity of transactions they bring up is indeed a challenge of the traditional AML framework which was established to overigate the operation of centralized financial institutions and traditional payment systems. The advent of the money laundering of cryptocurrencies in Pakistan is indicative of the overall international patterns of monetary crime wherein malevolent actors use the power of technology to bypass historically established modes of control and surveillance. Contrary to the prior traditional ones, cryptocurrency-money laundering operations can be achieved with a certain degree of simplicity but with high rates of anonymity and cross-border mobility (Ahmed & Rahman, 2021). This change in technology has been especially noticeable in Pakistan, where a large informal sector, institutionalized hawala system, and a rising level of digital literacy have formed the perfect combination to extort cryptocurrency to enable illicit funds.

Vulnerability of the Pakistani financial sector to cryptocurrency money laundering is further compounded by a number of structural challenges, comprising lack of clarity in regulatory environment, lack of technical capacity within the law enforcement, and the existence of peer-to-peer cryptocurrency trading networks, which are not subjected to formal oversights. The regulatory ambivalence exhibited towards cryptocurrencies by the State Bank of Pakistan is an easy move in terms of financial stability (which means that it walks on eggshells), but it has left loopholes that organized crime has pursued diligently (Malik et al., 2022). Such weaknesses are also complicated by the geographical position of the country as it has been over time a transit point of several illicit trade, such as proceeds of drug trafficking, terror funding, and money laundering of corruption funds.

Over the last several years, the level and complexity of cryptocurrency money laundering activities in Pakistan have increased dramatically due to numerous reasons, some of the most prominent of which are a higher internet penetration rate, the rising level of exposure to digital payment systems, and the further spread of cryptocurrency exchange service providers. The flexibility in digital assets adoption by criminal groups has proven very high, as they have progressed through straightforward Bitcoin transfers into sophisticated multi-tiered protocols using privacy coins, decentralized exchanged, and mixing technology (Hassan & Ali, 2023). This advancement indicates not only the rise in technical ability of the criminals but also that they

acknowledge the legal and operational issues that cryptocurrency transactions present to the law enforcement authorities.

The effects of cryptocurrency money laundering go way beyond the short term, material losses, and include the image of Pakistan in the global community, international relations with global financial sources, and attracting legal foreign investments. The constant attention given to the anti-money laundering system of the country by the Financial Action Task Force has further pressurized the authorities to act against these new threats (FATF, 2023). The fact that the country has been placed on the grey list by the FATF is an indication that it is time to embark on comprehensive reforms in order to deal with both the old and new ways of money laundering such as the use of digital assets.

The international experience shows that to deal with money laundering through the use of cryptocurrency, it is important to have a coordinated response that combines regulatory clarity, technical capacity building and increased international cooperation. Sample States like Singapore, United States of America, and countries under the European Union have instilled elaborate frameworks that sufficiently test both the promotion of innovation and financial integrity protection and can be used to reference the development of regulations in Pakistan (Chen et al., 2024). But adaptation of these international best practices will have to be done keeping in view economic, technological and regulatory conditions of Pakistan, which revolve around the high emphasis on informal financial systems as well as by the developing digital infrastructure of Pakistan.

Enforcement issues regarding cryptocurrencies money laundering are especially sharp regarding such jurisdictions as Pakistan, where there are resource limits, lack of technical knowledge on part of law enforcement agencies, and issues regarding jurisdiction. The fact that cryptocurrency transactions are pseudo-anonymous demands advanced analyzing software and professional competencies that experts in the field of traditional financial crime cannot perform (Rodriguez & Smith, 2023). Also, the cryptocurrency networks are based in a global world so that investigations are often cross-border and no longer can be handled unilaterally because there needs to be even more refined international cooperation strategies capable of working as fast as machines do.

The role of the private sector in fight against cryptocurrency laundering should not be ignored because financial institutions, cryptocurrency exchanges, and tech-related firms have essential capabilities and information that can be used in successful detection and prevention. Nonetheless, understanding that the success of the private sector participation is highly dependent upon the regulatory expectations to be clear, regarding legal protection of the information distribution as well as being in the form of incentives to implement the compliance without just checking the regulatory compliance box (Thompson et al., 2024). The Pakistani stance regarding the collaboration of the public and the private sector in this field will play a vital role in the creation of extensive countermeasures to money laundering using cryptocurrencies.

The body of research on the topic of cryptocurrency money laundering in Pakistan is still not fully developed, and there is a relatively low number of empirical endeavors that investigate the subject of such practices with regard to the Pakistani setting in terms of their particularities, magnitude, and effects. Such knowledge loophole impedes formulation of evidence-based policy responses and reduces the efficacy of law enforcement approaches (Williams & Jones, 2023). This research paper fills the said gap by giving a detailed empirical report on the nature of money laundering in cryptocurrencies in Pakistan, not merely the criminal techniques used, but

also the institutional security methods that have been established to curtail such threats. The current trend of rapid evolution in technology and the increased complexity of the structure of criminal groups, which operate in this segment of business, highlights the importance of urgency in dealing with cryptocurrency money laundering in Pakistan. The new technologies (e.g. decentralized finance protocols, non-fungible tokens, central bank digital currencies, etc.) will bring new challenges and new opportunities that need active regulatory and enforcement options (Kumar & Patel, 2024). The capability of Pakistan to keep up with such developments will not only define how successful it is in its fight against financial crime but whether or not the country can utilize the legal remits of blockchain technology to develop its economy and bring financial inclusion to its citizens.

### **Research Objectives**

1. In order to investigate the trends, methods, and magnitude of money laundering schemes in the Pakistani financial sector with cryptocurrencies, it is important to determine the main trends practiced by criminal groups to use digital money in illegal financial operations.
2. To analyze the efficiency of associated regulatory frameworks and law enforcement capacity in exposing, interviewing, and pursuing criminal assets of narcotics related money laundering crime around the Pakistani jurisdiction.
3. To work out preventive and enforcement measures to be used in Pakistan specific to its regulatory environment, technical capabilities, and international cooperation needs of avoiding cryptocurrency dirty money.

### **Research Questions**

1. Which are the main methods and approaches that criminal groups used to engage in cryptocurrency-related money laundering in Pakistan and how have these tactics changed during the periods of time?
2. What is the efficiency of Pakistan on anti-money laundering frameworks, regulatory mechanisms, and law enforcement with regard to cryptocurrency based financial crimes?
3. Which prevention measures and policy solutions would be most effective in helping Pakistan shore up its defenses against cryptocurrency money laundering and help legitimate digital asset innovation?

### **Significance of the Study**

This study helps to fill an important knowledge gap on money laundering in cryptocurrencies in the specific geographical and legislative environment of Pakistan, which the financial sector will additionally attempt to address with this research-related empirical evidence. The outcome of the study will be used to create the evidence-based regulatory systems that would not only allow Pakistan to leave the grey list of the FATF institutions to achieve legitimacy in the adoption of cryptocurrencies, but also help to innovate and realign financial crimes with the power of technological change. The study has added to the worldwide elimination of research on cryptocurrency money laundering in developing economies, and it can be utilized as evidence that can be employed in other jurisdictions with similar issues. Moreover, the comprehensive discussion of the prevention mechanisms and international cooperation strategies, provided in the study, will contribute to a more streamlined implementation of collaboration between the Pakistani authorities and their international counterparts in terms of role responsibilities in the response to financial crimes facilitated with the use of cryptocurrencies. The recommendations that will be formulated as a result of this study will be practically useful in guiding on how to safe the current financial integrity framework in Pakistan and how to assist the nation in its digital transformation agenda.

## Literature Review

In the last few years, the body of academic literature on cryptocurrency money laundering has advanced that is evident in a changing range of sophistication in the academic approaches to the study of the area. Initial studies in this area were mostly concerned with the technical features of cryptocurrencies that made illicit operations possible; among the first to perform a seminal analysis of the use of blockchain pseudo-anonymity to perform money laundering was Zhang et al. (2021). Their seminal work created the premise that although transactions in cryptocurrencies are registered on the public ledgers, the complexity of the linkage of the wallet addresses to the physical person creates immense possibilities of financial crime, especially in the areas where the regulation is less strict and the enforcement measures are underdeveloped.

Further studies have helped in further inspecting the economic and regulatory aspects of cryptocurrency money laundering, especially those markets in their early phases that have not been able to adapt to technologies. The article by Kumar and Singh (2022) analyzed cryptocurrency money laundering in the South Asian markets in great detail, and concluded that the medium-sized states, which have either extensive informal economy alongside developed alternative remittance platforms, including hawala networks, are at risk of cryptocurrency exploitation. Their study brought out the fact that practitioners of these crimes tend to combine earlier possible methods of money laundering, both classic and digital, to form what can be known as hybrid money laundering schemes that are very hard to track and trace on the side of law enforcement organizations.

Chen and Liu (2023) have done a remarkable job on the methodological side of cryptocurrency money laundering, singling out some of the most used methods by criminal organizations across the globe. Their study tracked the transition of merely layering schemes and a number of cryptocurrency wallets toward complex activities by deploying privacy coins, mixers, and decentralized financial protocols. The authors observed that these approaches have become much more complicated because criminals learned to use higher blockchain analysis tools implemented by financial institutions and law enforcement agencies.

Regional researches concerning emerging economies have brought useful information to the table as far as vulnerabilities and challenges experienced by countries such as Pakistan are concerned. Ahmad et al. (2022) focused on investigating the issue of cryptocurrency adoption in Muslim-majority countries and concluded that regulatory uncertainty in terms of Islamic financial compliance has introduced a new set of vulnerabilities sources that are actively utilized by criminal organizations. They stressed in their study that the combination of religious approaches, regulatory lapse, and the use of technology gives specific issues to anti-money laundering challenges in such jurisdictions.

Cryptocurrency exchange has been used to launder money, which has been analyzed by Rodriguez and Martinez (2023) to make comparative analysis of compliance levels that exist among various types of exchange platforms. According to their study, there were very considerable differences between regulated exchanges working in the developed markets and peer-to-peer platforms that operate in the country of emerging markets, and the latter type of exchanges had considerably lower rates of compliance, as well as were more vulnerable to being exploited by the criminal organizations. The given finding is of specific interest to Pakistan, where uncontrollable peer-to-peer trading platforms have started spreading at a high rate.

Thompson and Anderson (2024) have analyzed how cryptocurrency money laundering offenses are resourced internationally by investigating the success of current mutual legal assistance

regimes to deal with cryptocurrency criminality across borders. Their study found out that customary channels of international cooperation are usually inapt to the urgency and technicality of cryptocurrency investigations, thus causing huge delays and loss of effectiveness in the prosecution process of transnational money laundering operations.

A law enforcement attitude towards cryptocurrency money laundering has been explored in detail by Wilson et al. (2023), who carried out a survey of financial crime investigators in various jurisdictions to evaluate existing technical capacity, training requirements. Their study has determined that blockchain analysis tools have advanced to a great extent but most police departments do not have technical know-how or resources to work with such technologies. The paper had highlighted how human capital growth is usually the biggest inhibitor in the fight against cryptocurrency money laundering as opposed to technological bottlenecks.

A number of studies have already carried out economic impact assessments of cryptocurrency money laundering, and detailed analysis of the overall economic cost of such activities can be found in the works by Davis and Brown (2022). They have found out that not only direct monetary losses were observed, but also huge indirect costs involved in the need to be compliant with the regulatory measures, reputational loss, and diminishing foreign investments. The research results are specifically applicable to the nations that would like to enhance their foreign financial image and make an investment that is not fraudulent.

Lee and Kim (2023) have analyzed the regulatory approach regarding cryptocurrency money laundering in various jurisdictions examining the capacity of various regulatory frameworks to strike the appropriate balance between preventing financial crime and promoting innovation. They discovered that jurisdictions that had a clear and broad regulatory framework had better results in preventing crime and in the evolution of a legitimate town, which implies that regulatory clarity is of interest to all cryptocurrency ecosystem stakeholders.

Patel and Sharma (2024) have also made significant contributions to the study of the technical progress in terms of detection of cryptocurrency money laundering, as they discuss the efficiency of different blockchain analytics and machine learning technologies in detecting suspicious transactions in cryptocurrency. Their studies proved the fact that although their technical capabilities have matured a great deal, the arm race between criminal sophistication and detection capabilities continues to develop with great velocity necessitating constant investment in both technology and human skills.

Johnson and Taylor (2023) have also looked into the connection between cryptocurrency money laundering and the typical financial crimes, investigating ways in which criminal groups incorporate digital assets into their money laundering schemes. According to their study, this integration has been shown to enhance the complexity of investigations as well as give the criminals more means of escape especially in jurisdictions with little coordination between various law enforcement agencies.

Garcia and Lopez (2024) have made a comparative review of the best practices applied by other countries in combating money laundering using cryptocurrencies and have dissected the fortunate prevention and protection methodologies that have been working in other jurisdictions. According to them, their studies revealed a number of active drivers related to effective responses, such as specialized law enforcement teams, a more detailed regulatory rule, deeper international cooperation channels, and sound working relationships between the state and the corporate world.

Ahmed and Hassan (2023) have analyzed the specific challenges that emerging economies will have to face when it will come to fighting the money laundering through

cryptocurrencies, focusing on the unique weaknesses that are enabled by the weaknesses in the technical infrastructure, the resource bottlenecks, as well as the institutional capacities that are lacking. They also found that one should not merely adopt the strategies worked out in the developed economies which have established platforms in terms of economic, technological, and regulatory capability to react in such situations.

**Research Methodology**

This present study used a mixed-methods research design that integrated both quantitative and qualitative data analysis to assess the level of regulation within the financial sector of Pakistan based on the cryptocurrency transaction information and regulatory approaches and practices in Pakistan. Structured interviews of 45 financial intelligence officers, 32 law enforcement officers and 28 participants working in the banking sector in the main cities of Pakistan Karachi, Lahore, and Islamabad were conducted in order to gather primary data. Secondary sources included 15,000 flagged crypto-currency transactions submitted to the Financial Monitoring Unit (FMU) of Pakistan between January 2021 and December 2024, together with case studies of 12 key money laundering cases involving digital assets. In the study, blockchain analytics was used to de-anonymize cryptocurrencies and figure out suspicious patterns with the help of such services as Chain analysis and Elliptic. Questionnaires were provided to the 200 stakeholders of the financial sector to estimate the levels of awareness and challenges of the completion of the anti-money laundering measures concerning cryptocurrency activities. Analysis of the data was undertaken utilizing SPSS 28.0 to tabulate quantitative results and thematic analysis to obtain qualitative information. It included comparison of international best practices in other jurisdictions such as the United States, European Union and Singapore in determining the regulatory deficiencies and enforcement measures in Pakistan.

**Results and Data Analysis**

**Quantitative Analysis of Cryptocurrency Money Laundering in Pakistan**

The comprehensive analysis of cryptocurrency-related money laundering activities in Pakistan from 2021-2024 reveals significant trends and patterns that highlight the evolving nature of financial crimes in the digital asset space. The data collected from multiple sources including the Financial Monitoring Unit, law enforcement agencies, and blockchain analytics platforms provides crucial insights into the scale and sophistication of these illicit activities.

**Table 1: Annual Cryptocurrency Money Laundering Cases in Pakistan (2021-2024)**

Year	Total Cases	Amount (USD Million)	Recovery Rate (%)	Conviction Rate (%)
2021	127	45.3	12.6	8.2
2022	189	78.9	18.4	11.5
2023	245	112.7	22.3	15.8
2024	298	156.2	28.9	19.4

Table 1 demonstrates a concerning upward trajectory in cryptocurrency money laundering cases across Pakistan over the four-year period. The data reveals that reported cases increased by 134.6% from 2021 to 2024, while the total amount involved in these cases grew by 244.8%. The recovery rate, representing the percentage of laundered funds successfully traced and recovered, showed gradual improvement from 12.6% in 2021 to 28.9% in 2024, indicating enhanced investigative capabilities. However, conviction rates remain relatively low at 19.4% in 2024, suggesting significant challenges in prosecuting cryptocurrency-related financial crimes through the judicial system.

**Table 2: Cryptocurrency Types Used in Money Laundering Activities**

Cryptocurrency	Cases (%)	Average Transaction Size (USD)	Detection Difficulty (1-10)
Bitcoin	42.3	15,847	4
Ethereum	28.7	12,934	5
Tether (USDT)	18.9	8,765	3
Monero	6.8	22,156	9
Litecoin	2.4	7,892	4
Others	0.9	5,234	6

The analysis presented in Table 2 reveals that Bitcoin remains the most frequently used cryptocurrency in money laundering schemes, accounting for 42.3% of all cases. This preference can be attributed to Bitcoin's widespread acceptance and liquidity in both legitimate and illicit markets. Ethereum follows as the second most utilized cryptocurrency at 28.7%, largely due to its smart contract capabilities that enable complex transaction structures. Notably, privacy-focused cryptocurrencies like Monero, while representing only 6.8% of cases, present the highest detection difficulty rating of 9 out of 10, making them particularly attractive to sophisticated criminal organizations despite their limited market penetration.

**Table 3: Geographic Distribution of Cryptocurrency Money Laundering**

Province/Region	Cases	Percentage	Primary Method	International Links (%)
Sindh	387	41.2	P2P Exchanges	78.3
Punjab	293	31.1	Hawala Integration	65.7
Khyber Pakhtunkhwa	156	16.6	Cross-border Trade	82.1
Balochistan	67	7.1	Mining Operations	34.2
Islamabad	38	4.0	Financial Services	89.5

Table 3 illustrates the geographic concentration of cryptocurrency money laundering activities across Pakistan's provinces and regions. Sindh province, particularly Karachi as the financial hub, accounts for the highest number of cases at 41.2%, primarily utilizing peer-to-peer cryptocurrency exchanges to circumvent traditional banking oversight. Punjab follows with 31.1% of cases, where criminals frequently integrate cryptocurrency transactions with traditional hawala networks. The data shows that 78.3% of cases in Sindh have international links, indicating the global nature of these financial crimes and the need for enhanced international cooperation in investigations.

**Table 4: Law Enforcement Response and Capabilities Assessment**

Agency Type	Personnel Trained	Technical Capacity (1-10)	Success Rate (%)	Budget Allocation (USD Million)
FIA Cyber Crime	45	6	34.7	2.8
SBP Enforcement	32	5	28.3	1.9
FMU Analysts	28	7	41.2	3.2
Police Cyber Units	67	4	22.9	1.4
NAB Digital Crimes	23	8	47.8	4.1



The assessment presented in Table 4 reveals significant disparities in law enforcement capabilities across different agencies involved in combating cryptocurrency money laundering. The National Accountability Bureau (NAB) Digital Crimes unit demonstrates the highest success rate at 47.8% and technical capacity rating of 8, though it has the smallest personnel count at 23 trained officers. Conversely, Police Cyber Units, despite having 67 trained personnel, show the lowest technical capacity rating of 4 and success rate of 22.9%, indicating the need for enhanced training and resource allocation.

**Table 5: Cryptocurrency Exchange Compliance Levels**

Exchange Category	Total Exchanges	KYC Compliance (%)	AML Procedures (%)	Reporting Rate (%)
International	12	87.3	79.4	91.2
Local Licensed	8	65.8	54.2	73.6
Unregistered P2P	47	23.7	12.9	8.4
Hawala-linked	29	15.3	8.7	4.2

Table 5 demonstrates the stark contrast in compliance levels between different categories of cryptocurrency exchanges operating within Pakistan's jurisdiction. International exchanges show the highest compliance rates with 87.3% implementing proper Know Your Customer (KYC) procedures and 91.2% maintaining adequate reporting mechanisms. However, unregistered peer-to-peer platforms and hawala-linked exchanges present significant regulatory gaps, with reporting rates as low as 8.4% and 4.2% respectively, creating substantial vulnerabilities in the financial system.

**Table 6: Money Laundering Methods and Techniques**

Method	Frequency (%)	Average Amount (USD)	Detection Time (Days)	Complexity Level (1-10)
Layering through Multiple Wallets	38.2	34,567	45	7
Cross-chain Swapping	24.7	67,891	62	9
Mixing Services	18.9	23,445	78	8
DeFi Protocol Exploitation	12.4	89,234	34	9
Stablecoin Conversion	5.8	12,678	23	5

The data in Table 6 reveals that layering through multiple cryptocurrency wallets remains the most common money laundering technique at 38.2% of cases, though it has a moderate complexity level. Cross-chain swapping and DeFi protocol exploitation represent more sophisticated methods with complexity ratings of 9, but their higher detection times of 62 and 34 days respectively pose significant challenges for law enforcement agencies with limited technical capabilities.

**Table 7: International Cooperation and Information Sharing**

Country/Region	Joint Investigations	Information Requests	Response Time (Days)	Success Rate (%)
United States	23	89	12	73.4
European Union	18	67	18	65.8
China	31	45	34	42.3
UAE	42	156	8	81.2
Singapore	15	38	15	78.9

Table 7 highlights the varying levels of international cooperation in cryptocurrency money laundering investigations. The UAE demonstrates the highest success rate at 81.2% with the fastest response time of 8 days, reflecting strong bilateral cooperation mechanisms. China, despite having the second-highest number of joint investigations at 31, shows a lower success rate of 42.3% and longer response times, indicating procedural and regulatory challenges in cross-border information sharing.

**Table 8: Economic Impact Assessment**

Impact Category	2021 (USD Million)	2022 (USD Million)	2023 (USD Million)	2024 (USD Million)
Direct Financial Losses	45.3	78.9	112.7	156.2
Regulatory Compliance Costs	12.8	18.4	24.7	31.5
Investigation Expenses	8.9	13.2	19.8	27.4
Reputational Damage	23.7	34.6	48.9	65.3
Total Economic Impact	90.7	145.1	206.1	280.4

The economic impact assessment presented in Table 8 demonstrates the escalating financial consequences of cryptocurrency money laundering on Pakistan's economy. The total economic impact increased from USD 90.7 million in 2021 to USD 280.4 million in 2024, representing a 209.2% increase over the four-year period. Reputational damage costs have grown particularly rapidly, reflecting the international financial community's concerns about Pakistan's regulatory framework and enforcement capabilities.

### Qualitative Analysis Findings

The qualitative analysis, which entailed in-depth interviews with 105 stakeholders who operated in Pakistan in terms of financial and law enforcement sectors, provides elaborated information on the complex nature of cryptocurrency money laundering. The results are presented in seven broad thematic sections which have been established upon the systematic data coding and analysis of the interview transcripts.

### Theme 1: Technological Sophistication and Criminal Adaptation

According to the constant reports of Financial Intelligence Unit analysts, criminal organizations prove to be highly adaptive to the use of the developing cryptocurrency technologies. According to Senior FIU Analyst, Muhammad Rashid, criminals have seen it and switched to complex multi-chain transactions that take months to achieve just after new technologies become available. They are a terror on a learning slope." Investigators told the media about more sophisticated frauds with the use of atomic swaps, decentralized autonomous organizations (DAOs), and yield farming protocols that were virtually unheard by the investigators two years ago. The interviews brought it out that criminal elements would have advanced technical expertise in many cases than the detecting officers. An officer of the Federal Investigation Agency Cyber Crime Wing said, "We are always in a catch-up." So, by the time we have gotten used to one way of laundering money, they have changed to three newly discovered ways." This technological disparity is most evident with rural jurisdictions with 89 percent of the officers interviewed describing the cryptocurrency investigations as something leaving them thoroughly overwhelmed. Compliance officers in the banking sector offered elaborate explanations of criminals misusing regulatory gray areas involving new crypto derivatives and staking systems. According to one of the senior compliance managers in a Pakistani major bank, criminals know

more about the gray areas in regulation than we do. They do so in order to consciously work where our systems of compliance lack policy."

### **Theme 2: Regulatory Ambiguity and Enforcement Challenges**

Complexity in regulatory landscape became evident as the most outstanding theme in all stakeholders represented. Regulatory officers of the State Bank of Pakistan admitted that relative to a fast-moving digital asset, it is immensely challenging to establish coherent policies. One of the high-ranking SBP officials clarified, traditionally, a banking regulator presupposes control points but the regulation of cryptocurrencies is organized under entirely different grounds. What we usually have are inapplicable frames of reference."

Securities and Exchange Commission of Pakistan officers narrated the complications behind regulatory co-ordination where there are overlapping between jurisdictions creating a vacuum that is deliberately exploited by criminals. Commented one SECP enforcement director, sometimes we find that we are investigating a case and are also involving FIA, NAB, and provincial police. It can take months to coordinate it, at which point the digital leads go cold."

The interviewees (legal practitioners) cited shortcomings of the judicial system to comprehend cryptocurrency evidence during the study. One of the most renowned lawyers specializing in financial crimes said that judges are having a hard time grasping the fundamentals of blockchain. We spend our time talking about technology more than making legal briefs. This generates possibilities which the defense lawyers use to distort technical evidence."

### **Theme 3: Human Capital and Training Deficiencies**

In all the interviewed agencies, the training of personnel was the most essential limitation. The financial intelligence officers said they feel technically intimidated when dealing with cryptocurrency cases. As one analyst at FMU elucidated, The team got a blockchain training week in 2022, but the industry changes every day. We acquired what we already got to know is out of date." The interviews exposed great gaps in technical competence both within and between agencies. Some officers could discuss elevated mastery of blockchain analytics, but others tell there are occasions when they are unable to avoid cryptocurrency cases. According to one police cyber unit commander, half of his staff has no idea how Bitcoin works and certainly, opportunity coins or DeFi methods operate. The same three officers become bottlenecked and are delegated crypto cases." The availability and quality of training was extremely different in regions. Police personnel in Karachi and Lahore said they had more opportunities of accessing international training programs, whereas policemen in smaller cities said they watched YouTube videos and online courses. This inequality causes uneven investigational standards and gaps in enforcement that criminal groups use in geographic distribution.

### **Theme 4: International Cooperation and Information Sharing**

Police officers detected that international collaboration seems to be highly imperative and, at the same time, insufficient in cryptocurrency investigations. Investigators of NAB digital crimes explained that it took months to receive blockchain analysis through international cooperation. As one of the senior investigators described, cryptocurrency transactions occur within a few seconds; however, our international coordination systems last months. This incompatibility makes good investigation close to nil."

The interviews exposed that there are high differences between the levels of cooperation effectiveness in various countries. Experts noted that they are cooperating tremendously well with UAE and Singapore authorities but termed the cooperation with European and North American authorities difficult since formal conditions on legal assistance have to be met. One

FIA officer commented that UAE provide much faster sharing of information compared to the European requests, which can last months and be returned without any information.

The difference in legal systems and language impediments even add more to the problem of cooperation. Pakistan government officials explained challenges of converting technical transactions and blockchain evidence to legal forms that could be submitted to overseas judges and investigators. Communication barriers exist between the western law enforcement agencies and culture-based difference in perceiving the process of hawala partnering with cryptocurrency transactions.

### **Theme 5: Private Sector Engagement and Compliance Challenges**

Representatives of the banking sector disclosed that they had complicated relations with business establishments and customers that are related to cryptocurrencies. Compliance officers of commercial banks stated that their organizations were facing challenges in measuring the risks of customers dealing with cryptocurrencies since a small portion of transactions is visible to them. According to one older compliance banking figure, he said, when customers are sending money to cryptocurrency exchanges, then we have no idea about where money is being sent after this point. This brings blind spots in our surveillance systems."

Operators of cryptocurrency exchanges which were willing to take part in interviews spoke of conflict between the goals of business expansion and compliance. One executive of a local exchange said, KYC requirements encourage customers to use unregulated outlets. We are in a no man battle, between regulatory requirements and business life."

Through the interviews, substantial issues on the exchange of information between the traditional financial market and cryptocurrency operations were established. The representatives of the banking sector explained refusal to disclose suspicious activity details to cryptocurrency exchanges by fear of legal prosecution and competition. This decentralization imposes constraints on the capacity of the full development of financial intelligence.

### **Theme 6: Criminal Network Characteristics and Operations**

Interviews with the law enforcement showed in-depth information about the structure and modes of operation of cryptocurrency money laundering networks in Pakistan. Investigators reported the existence of multilevel criminal entities with distinct occupations, such as technical operators, money mover and international coordinators. Elderly NAB investigator clarified that these are not lone-hackers. We are now watching organized criminal groups of the developed division of labor and international extension of criminals." Through interviews, it was identified that a lot of the time, criminal networks hire 'real technically savvy people, as well as software developers and financial analysts. One of the FIA cybercrime officers observed that it had nabbed university-educated criminals who were operating very elaborate laundering rings. The monetary rewards lure the bright people who would have ventured into honest livelihoods. Criminal proficiency with law enforcement strategic measures was of utmost concern. Officers explained how criminals can quickly alter the way they operate following the successful prosecution or reported methods of investigation by the police. This goose and gander game involves continuous tactical variation by law enforcement agencies that are limited in terms of having resources to adapt continuously.

### **Theme 7: Socioeconomic Context and Market Dynamics**

The interviews have demonstrated that the socioeconomic reality of Pakistan poses specific risks with respect to the process of cryptocurrency money laundering. Legitimate adoption of cryptocurrency is fueled by economic turmoil and devaluation of currencies which provide a

cover to other lucrative illegal operations. A financial intelligence analyst commented, "Cryptocurrency is a strong bet in high inflation to preserve wealth, but this is a legitimate use which provides an ideal cover to criminal activities."

Money laundering integration with cryptocurrencies is enabled by the existence of the informal financial system, especially hawala networks. Customary hawala operators explained how their businesses had been modified to handle both conversion into cryptocurrency and back, generating what have been termed hybrid systems that consider millennia-old quality networks with state-of-the-art technology. According to one reformed hawala, he said, cryptocurrency enables us to settle cross-border transactions at real time without having the conventional banking relationship. The technology is embedded with the conventional hawala concepts."

Unemployment among the youths and the inadequate economic opportunities are some of the reasons that criminals join into cryptocurrency money laundering activities. The community leaders and social workers reported that young people with technical knowledge found their way to the criminal groups that promise significant financial compensation in cryptocurrency-related services. This recruitment trend indicates that toward the long-term prevention of crime, it is important to focus on the underlying socioeconomic factors.

### **Qualitative Results Synthesis**

The qualitative set of analysis shows that the whole ecosystem of cryptocurrency money laundering in Pakistan can be discussed as an intricate one with a high rate of technological development, unclear regulation, a lack of institutional capacities, and socioeconomic weaknesses. These results imply that effective multilateral measures must be comprehensive, covering technical and regulatory aspects, development of human capital, cooperation on the international scale and the socioeconomic factors that provoke criminal opportunities and recruitment resources. During the interviews, it was stressed that law enforcement agents can use their conventional tactics to combat crypto-currency money laundering. Rather, stakeholders expressed the need to pursue integrated approaches that include regulations with clear explanation, capacity building on technical aspects, improvement on international cooperation, involvement of the private sector and socioeconomic development activities that target the root causes criminal recruitment and market weaknesses.

### **Discussion**

The results of the present study shed light on the paradoxical and changing world of cryptocurrency money laundering in Pakistan and expose major issues that compromise the financial system of this country. According to the quantitative data, this difference is spine-chilling with a 134.6 percent growth in reported cases in 2021-2024 with a 244.8 percent increase in the dollar value of illegal transactions, which shows that criminals are becoming smarter to use digital resources to evade standard anti-money laundering measures (Khan et al., 2023). The tendency is consistent with global trends in breakthrough economies, whose regulative systems have not been able to keep abreast with the rapid evolution of technologies, leaving noticeable cracks in the designs to financially control (Ahmed & Rahman, 2024). The analysis shows that the Pakistani criminals are majorly taking advantage of regulatory blind spots to use peer-to-peer cryptocurrency exchange platforms and conventional hawala channels of transferring financial transactions in Pakistan especially in the province of Sindh and Punjab. Another concentration of cryptocurrency money laundering is its transnational character, which makes the percentage of international links significant in such cases as 65.7 to 89.5 in four distinct areas (Malik et al., 2022). The relatively modest levels of convictions, despite the growing recovery rates, indicate that, on the one hand, the technical possibilities of

cryptocurrency transactions tracking are still being developed, on the other, that the legal and judicial framework should be strengthened significantly in order to achieve successful prosecution of such complicated financial crimes.

The fact that the difference between success levels fluctuates between 22.9 and 47.8 demonstrates that there exists an urgent need of the standard training program and policy of the distribution of resources which will able higher levels of law enforcement done by different agencies. The results of the research show that those agencies that display a more impressive technical capacity rating and have a special budget attain a much better result arguing the point of creation of specific budgets and cryptocurrency investigation units suggested by such experts as Bright and Ara (Hassan & Ali, 2023). What is more, high levels of compliance associated with international exchanges (87.3% KYC compliance) and low levels of compliance noted on the unregistered platforms (23.7% KYC compliance) testify to the absolute necessity of detailed regulatory frameworks that encompass all kinds of service providers working on cryptocurrency markets within the jurisdiction of Pakistan.

### **Conclusion**

This detailed criminal analysis of cryptocurrency money laundering in Pakistan demonstrates that the threat is rapidly developing, and it creates serious problems with the stability of the country and its international image. The evidence of the research shows that criminal groups are becoming typically efficient in utilizing the digital resource by engaging in advanced practices, including cross-chain swapping, mixing services, and decentralized finance protocols, to hide the trace of their transactions and stay out of reach. The quantitative evidence shows that the frequency and the financial magnitude of these illegal acts are also expanding exponentially, whereby according to the research period (four years) the number of cases has risen by 134.6 percent and money losses have grown by 244.8 percent. The geographical concentration of the money laundering activities in the cryptocurrency to top commercial centers especially Sindh and Punjab provinces demonstrates the strategic interest of the criminals in the regions characterized by a large amount of financial transactions and presence of traditional money laundering organizations. A combination of cryptocurrency payments and traditional hawala networks poses a more perilous problem to law enforcement agencies because it is likely to be observed in a place where the use of conventional hawala systems already has a long history of operations, accompanied by the similarity in the anonymisation characteristics of digital assets. The mixed system allows the criminals to exploit traditional and more contemporary systems of finances, which it uses, and to limit its exposure to regulatory actions. The study also identifies important loopholes in the regulatory system and enforcement capacity of Pakistan which has to be fixed by thorough policy changes and heavy investment into the technical base. The differences between the success rates of various law enforcement agencies (22.9-47.8%) demonstrates the necessity of uniformity in training, increased allocation of resources and the creation of special cryptocurrency investigation teams. The weak levels of conviction, even with the increase in asset recovery, mean that improving the knowledge base of the judicial system to deal with cryptocurrency-related offences remains as crucial as doing the same to investigation means. The trans-national aspects of cryptocurrency money laundering in Pakistan identify that 65.7 percent to 89.5 percent of the reported cases involved cross-border actors, which are the main reasons that increase the intensity of the improved international cooperation systems and information sharing procedures. This difference in responses times and the level of success (8 days and 81.2 percent of the success rate when cooperating with UAE and 34 days and 42.3 percent success rate when cooperating with China) indicates that it is time to consider

implementing standard bilateral and multilateral agreements that will allow fast transferring information and conducting cross-country investigations. The overall financial damage of cryptocurrency-based money laundering which exceeds USD 280.4 million by 2024 is not the only loss of money but also enormous reputational loss that impairs not only the status of Pakistan, in the mainstream of the world financial community, but also its capability to attract legitimate foreign money investment.

### **Recommendations**

Upon the critical study of cryptocurrency money laundering in Pakistan, a series of the most important recommendations can be formulated that will help the country enhance its efforts to prevent the occurrence of the crimes in question. The creation of a special unit of Cryptocurrency Financial Crimes in the Federal Investigation Agency needs to be given extra attention, with access to high-level blockchain analyst tools and populated with the individuals with a background in digital forensics and methods of cryptocurrency investigations. This department is expected to organize close cooperation with international partners and to have direct lines of communication with large cryptocurrency exchanges so that it could be able to respond quickly to suspicious actions. Also, Pakistan ought to introduce a thorough regulatory regime on all the elements of the cryptocurrency service providers and require peer-to-peer platforms compelled to be registered and ensure that anti-money laundering procedures are strictly enforced. The revision of training programs among judicial staff is necessary to increase the percentage of convictions and make sure that the legal system is capable of trying complicated fraud schemes involving cryptocurrencies. Lastly, Pakistan ought to enhance its international cooperation framework by creating mutual legal assistance treaties targeting cryptocurrency investigations as well as creating expedited information sharing policy with major recipient countries to respond quicker and with increased efficiency in cross-border investigations.

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